# **NEW Core Complex**

Put the power of heart health in your hands.

# **Key Benefits**

- Plant sterols, found in soybeans, have been shown to reduce LDL ("bad" cholesterol) and total cholesterol.\*1
- Provides antioxidant protection to support circulation and healthy blood vessels.\*
- B vitamins help maintain healthy homocysteine levels already within a normal range.\*
- Each carton contains 30 convenient packettes so it's easy to get the heart-healthy nutrients you need each day.
- <sup>1</sup> Foods containing at least 0.65 gram per serving of plant sterols, eaten twice a day with meals for a daily total intake of at least 1.3 grams, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease

# Taking Nutrition to Heart™

Developed with Nobel Laureate in Medicine Dr. Lou Ignarro, Core Complex targets four key indicators of heart health: cholesterol, triglycerides, homocysteine and oxidative stress.\*\*

Each Core Complex packette includes:

- 2 brown softgels of plant sterols and B vitamins
- 1 green softgel of mixed tocopherols, quercetin and alpha lipoic acid
- 1 burgundy softgel of Tri-Shield™ with Neptune Krill Oil (NKO®)†
- 2 gold softgels of Herbalifeline® fish oils with Omega-3 fatty acids

Taken together, the six softgels in Core Complex provide a convenient and comprehensive solution to support your heart health.\*

#### **Fast Facts**

- Developed with and exclusively endorsed by Nobel Laureate in Medicine, Dr. Lou Ignarro.\*\*
- Tri-Shield™ Neptune Krill Oil (NKO®)† provides three significant heart-healthy compounds—Omega-3 fatty acids, phospholipids and antioxidants such as astaxanthin—for nutrient and antioxidant absorption.
- Mixed tocopherols and quercetin provide antioxidant protection to help support circulation and healthy blood vessels.\*
- Alpha lipoic acid is an important nutrient required for energy production, such as the energy required to support the heart muscle.\*
- Consumption of Omega-3 fatty acids may reduce the risk of coronary heart disease.\*2

### Suggested Usage

Take one packette per day with a meal and set aside 1 brown plant sterols softgel for consumption with a later meal.

- <sup>2</sup> FDA evaluated the data and determined that although there is scientific evidence supporting the claim, the evidence is not conclusive.
- \*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
- \*\*The Nobel Foundation has no affiliation with Herbalife and does not review, approve or endorse Herbalife products.

†NKO® is a registered trademark of Neptune Technologies and Bioressources Inc.



## SUPPLEMENT FACTS

Serving Size: 1 packette Servings per container: 30

	Amount per serving	%DV**
Calories	35	
Calories from Fat	30	
Total Fat	3 g	>1%
Saturated Fat	0.5 g	2%
Total Carbohydrate	1 g	>1%
Protein	1 g	2%
Vitamin A (as beta caroten (Betatene®)	e and mixed car 750 IU	otenoids) 15%
Vitamin C (as ascorbic acid	d) 60 mg	100%
Vitamin E (as d-alpha tocopherol	& mixed tocophe 118 IU	erols) 393%
Vitamin B-6 (as pyridoxine	hydrochloride) 4 mg	200%
Vitamin B-12 (as cyanocol	palamin)12 mcg	200%
Marine Lipid Complex (Fish Oil)1.5 g †		
Phytosterol Esters	1.3 g	†
Omega-3 Fatty Acids 717 mg † from Fish Oil and Neptune Krill Oil [providing Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA)]		
Neptune Krill Oil (NKO®)	300 mg	†
Alpha Lipoic Acid	80 mg	†
Medium Chain Triglyceride	es 80 mg	†
Quercetin	45 mg	†
Dried Rosemary Extract (RoseOx®) (Leaf) 27 mg †		
** Percent Daily values are based on a 2 000-calorie diet		

\*\* Percent Daily values are based on a 2,000-calorie diet. † Daily Value (DV) Not Established.

Other Ingredients: Gelatin, Glycerine, Soybean Oil, Soy Lecithin, Beeswax, Natural Lemon Flavors, Caramel Color, Titanium Dioxide, Ethyl Vanillin, Olive Oil, Thyme Oil, Clove Oil and Peppermint Oil.

Contains krill, anchovy, mackarel, sardines and soybean ingredients.

## ORDERING DETAILS

#0073



30 packettes per container

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