

**Protein Bar** This deliciously chewy bar is packed with 12 grams of protein, 23 vitamins and minerals, plus soluble fiber, to help control your hunger with only 150 calories. Rich in protein, ShapeWorks™ Protein Bar is an ideal protein snack or protein boost on the go.

**†1 Gram Net Impact Carbs per Serving** <sup>1</sup>Net-impact carbs include only those carbohydrates that cause a noted impact on blood sugar and insulin response. Fiber, sugar alcohols (glycerine and maltitol) and other carbohydrates are excluded.

**DIRECTIONS:** One or two bars per day for healthy snacking and weight loss. For variety, try our other delicious protein-rich snacks, too.

**INSTRUCCIONES:** Una o dos barras al día para disfrutar un bocadillo saludable y perder de peso. Para variar, también pruebe nuestros otros bocadillos ricos en proteínas.

**CONTIENE INGREDIENTES DE LECHE, CACAHUATE Y SOYA. PUEDE CONTENER TRAZAS DE OTROS FRUTOS SECOS Y SEMILLAS.**

Store in a cool and dry place.

We offer a **30-day money-back guarantee** to assure your complete satisfaction. This exclusively formulated product is only available through Herbalife Independent Distributors.

<sup>1</sup>1 gram represents carbohydrates which have an insulin-stimulating response. Other carbohydrates in the bar are derived from sugar alcohols, which are metabolized to fatty acids in the intestine, and fiber, neither of which stimulates a significant insulin response.

## Nutrition Facts

Serving Size: 1 Bar (40 g)  
Servings Per Carton: 14

### Amount per Serving

Calories 150

Calories from Fat 50

	% Daily Value*
<b>Total Fat</b> 6 g	<b>9%</b>
Saturated Fat 2.5 g	<b>13%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 140 mg	<b>6%</b>
<b>Potassium</b> 150 mg	<b>4%</b>
<b>Total Carbohydrate</b> 16 g <sup>1</sup>	<b>5%</b>
Dietary Fiber 2 g	<b>8%</b>
Sugar 1 g <sup>†</sup>	
Sugar Alcohols 12 g	
Other Carbohydrates 1 g	
<b>Protein</b> 12 g	<b>24%</b>

Vitamin A 20%	•	Vitamin C 20%
Calcium 20%	•	Iron 25%
Vitamin E 45%	•	Vitamin K 20%
Thiamin 25%	•	Riboflavin 20%
Niacin 30%	•	Vitamin B6 20%
Folate 25%	•	Vitamin B12 20%
Biotin 20%	•	Pantothenic Acid 20%
Phosphorus 20%	•	Iodine 20%

Magnesium 15%	•	Zinc 25%
Selenium 20%	•	Copper 25%
Manganese 35%	•	Chromium 20%
Molybdenum 20%		

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65 g	80 g
Sat. Fat	Less Than	20 g	25 g
Cholesterol	Less Than	300 mg	300 mg
Sodium	Less Than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Maltitol Syrup, Chocolate Flavored Coating [Fractionated Palm Kernel Oil, Maltitol, Milk Protein Concentrate, Cocoa (processed with alkali), Dextrose, Soy Lecithin, Natural Flavor], Soy Protein Isolate, Partially De-Fatted Peanut Flour, Peanut Butter (Peanuts), Hydrogenated Starch Hydrolysate, Glycerine, Whey Protein Isolate, Casein, Polydextrose, Oligofructose, Milk Mineral Concentrate, Natural Peanut Flavor (includes Peanut Oil and Soybeans), Margarine [Canola and Soybean Oil, Water, Fractionated Palm and Palm Kernel Oil, Salt, Mono- and Diglycerides, Soy Lecithin, Soy Protein Isolate, Potassium Sorbate (added to retard spoilage), Natural Flavor, Citric Acid], Soy Lecithin (with Ascorbyl Palmitate added to protect flavor), Water, Salt, Vitamin and Mineral Premix (Maltodextrin, Ferric Orthophosphate, Ascorbic Acid, D-Alpha Tocopherol Acetate, Niacinamide, Zinc Oxide, Copper Gluconate, Calcium Pantothenate, Manganese Sulphate, Pyridoxine Hydrochloride, Riboflavin, Beta - Carotene, Thiamine Mononitrate, Vitamin A Palmitate, Chromium Chloride, Folic Acid, Biotin, Potassium Iodide, Sodium Molybdate, Sodium Selenite, Phytonadione, Cyanocobalamin), Distilled Monoglycerides, Mono- and Diglycerides, Magnesium Oxide, Potassium Lactate, Mixed Tocopherols added to protect flavor (Soybean and Canola Oil), Natural Peanut Flavor (with Peanut Extract), Citric Acid and Sucralose (non-nutritive sweetener). **CONTAINS MILK, PEANUTS AND SOYBEAN INGREDIENTS. MAY CONTAIN TRACES OF OTHER VARIOUS NUTS AND SEEDS.**



## Protein Bar

Protein-based snack for energy and nutrition

*peanut butter*

Naturally Flavored

14 Bars 1.41 oz / 40 g EACH (NET WT 19.74 oz / 560 g)

