

Core Complex Herbalife® teamed with Nobel Laureate in Medicine, Dr. Lou Ignarro, to develop Core Complex, a multi-action, scientifically advanced daily supplement pack that targets four key indicators of cardiovascular health.*

Cholesterol Homocysteine Triglycerides Oxidant Stress

Each of the key ingredients has been clinically shown to individually support heart and cardiovascular health.*

Plant sterols and stanols, the active ingredient in Core Complex, have been shown to reduce LDL ("bad") and total cholesterol by blocking cholesterol absorption. Plant Sterols are compounds that can be found in whole soybeans and other whole grains and in healthy vegetable oils. Foods containing at least 0.65 gram per serving of vegetable oil sterol esters, eaten twice a day with meals for a daily total intake of at least 1.3 grams, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A packette of Core Complex supplies 1.3 grams of vegetable oil sterol esters.

Essential Fatty Acids- Herbalifeline® Fish Oils: Consumption of Omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive. Omega-3 fatty acids help to maintain a healthy cardiovascular system by maintaining cholesterol and triglyceride levels already within a normal range.*

Essential Fatty Acids: 100% Pure Neptune Krill Oil (NKO®) is a proprietary natural ingredient providing three significant groups of heart-healthy compounds: Omega-3 fatty acids, phospholipids, and antioxidants. These three nutrients work together to support the heart muscle, protect the health of cell membranes, and to maintain cholesterol and triglyceride levels already within a normal range.*

Mixed Tocopherols and Quercetin provide superior antioxidant protection for the heart. A balanced combination of mixed tocopherols with natural vitamin E offer stronger antioxidant protection than vitamin E alone. Antioxidants support circulation and strengthen blood vessels.*

Alpha Lipoic Acid is an important nutrient required for energy production, such as the energy required to support the heart muscle.*

B Vitamins help to maintain healthy homocysteine levels that are already within a normal range.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts		
Serving Size: 1 Packette		
Servings Per Container: 30		
	Amount Per Serving	% DV**
Calories	35	
Calories from Fat	30	
Total Fat	3 g	>1%
Saturated Fat	0.5 g	2%
Total Carbohydrate	1 g	>1%
Protein	1 g	2%
Vitamin A (as beta carotene and mixed carotenoids) (Betatene®)	750 IU	15%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin E (as d-alpha tocopherol & mixed tocopherols)	118 IU	393%
Vitamin B-6 (as pyridoxine hydrochloride)	4 mg	200%
Vitamin B-12 (as cyanocobalamin)	12 mcg	200%
Marine Lipid Complex (Fish Oil)	1.5 g	†
Phytosterol Esters	1.3 g	†
Omega-3 Fatty Acids from Fish Oil and Neptune Krill Oil [providing Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA)]	717 mg	†
Neptune Krill Oil (NKO®)	300 mg	†
Alpha Lipoic Acid	80 mg	†
Medium Chain Triglycerides	80 mg	†
Quercetin	45 mg	†
Dried Rosemary Extract (RoseOx®) (Leaf)	27 mg	†
** Percent Daily Values (DV) are based on a 2,000 calorie diet.		
† Daily Value (DV) not established.		
OTHER INGREDIENTS: Gelatin, Glycerine, Soybean Oil, Soy Lecithin, Beeswax, Natural Lemon Flavors, Caramel Color, Titanium Dioxide, Ethyl Vanillin, Olive Oil, Thyme Oil, Clove Oil and Peppermint Oil. Contains krill, anchovy, mackarel, sardines and soybean ingredients.		



Core Complex

with Herbalifeline® & Tri-Shield™



Louis J. Ignarro

Endorsed by Dr. Lou Ignarro,
1998 Nobel Laureate in Medicine



Taking Nutrition to Heart™

- Contains plant sterols which have been shown to reduce LDL and total cholesterol.*
- Supports healthy heart and blood vessel function.*
- Maintains healthy homocysteine levels already within a normal range.*

Dietary Supplement

30 PACKETTES
.21 oz (6.1 g) EACH
NET WT 6.3 oz (183 g)

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DIRECTIONS: Take 1 packette per day with a meal and set aside 1 brown plant sterols capsule for consumption with a later meal.

INSTRUCCIONES: Tome 1 sobre al día con una comida y separe 1 cápsula marrón de esteroleos vegetales para su consumo con un alimento más tarde.

We offer a **30-day money-back** guarantee to assure your complete satisfaction. This exclusively formulated product is only available through Herbalife Independent Distributors.

NOTICE: This product is not intended for use by children, pregnant or lactating women. Individuals who are using blood thinning medication or have an allergy to shellfish should consult with their physician about the use of essential fatty acid supplements.

AVISO: Este producto no está destinado a niños, mujeres embarazadas o lactantes. Individuos que consumen medicamentos anticoagulantes o que tienen alergia a los crustáceos deben de consultar con su médico acerca del uso de suplementos de ácidos grasos esenciales. **Contiene ingredientes de krill, anchoa, caballa, sardinas y soya.**

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