



Multivitamin Complex

For Everyday Good Health*
With Minerals & Herbs



DIETARY SUPPLEMENT
90 TABLETS

Supplement Facts

Serving Size: 1 Tablet • Servings Per Container: 90

	Amount Per Serving	% DV		Amount Per Serving	% DV
Vitamin A (as Beta Carotene)	1667 IU	33%	Iodine (as Potassium Iodide)	50 mcg	33%
Vitamin C (as Ascorbic Acid)	50 mg	83%	Magnesium (as Magnesium Oxide)	66.7 mg	17%
Vitamin D (as Cholecalciferol)	133 IU	33%	Zinc (as Zinc Gluconate)	5 mg	33%
Vitamin E (as DL-Alpha Tocopheryl Acetate)	10 IU	33%	Selenium (as Selenomethionine)	17 mcg	24%
Thiamin (as Thiamine Mononitrate)	6.7 mg	447%	Copper (as Copper Gluconate)	0.5 mg	25%
Riboflavin	8.3 mg	488%	Manganese (as Manganese Gluconate)	1.7 mg	85%
Niacin (as Niacinamide)	33.3 mg	166%	Chromium (as Chromium Chloride)	33 mcg	28%
Vitamin B6 (as Pyridoxine Hydrochloride)	10 mg	500%	Potassium (as Potassium Gluconate and Glycerophosphate)	30 mg	<1%
Folate (as Folic Acid)	133 mcg	33%	Vanadium (as Vanadium Amino Acid Chelate)	2 mcg	†
Vitamin B12 (as Cyanocobalamin)	2 mcg	33%	Lycopene	0.33 mg	†
Biotin	100 mcg	33%	Herbal Blend	10 mg	†
Pantothenic Acid (as D-Calcium Pantothenate)	6.7 mg	67%	Choline Bitartrate, Inositol, Grape, Vegetase®, Spinach, Citrus Bioflavonoids, Carrot and Pomegranate.		
Calcium (as Calcium Carbonate)	112 mg	11%			
Iron (as Ferrous Fumarate)	2 mg	11%			

† Daily Value (DV) not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Maltodextrin, Stearic Acid, Natural Mixed Tocopherols, Silicon Dioxide, Hydroxypropyl Methylcellulose, Magnesium Stearate, Betaine Hydrochloride, Lutein Esters, Acacia Gum, Dicalcium Phosphate, Alginate, Pea Starch, Glycerine and Tomato Lipids. **CONTAINS SOY.**

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Multivitamin Complex provides 22 essential vitamins and minerals. It includes the antioxidant vitamins C, E and beta carotene, plus B-vitamins and a unique blend of herbs*. Leading nutrition authorities recommend that all adults should take a multivitamin daily.

RECOMMENDED USE: Take one tablet three times a day with meals.
USO RECOMENDADO: Tome una tableta tres veces al día con comidas.

For Best Results: Combine with a Formula 1 Shake and Formula 3 Cell Activator.

30-day money-back guarantee.

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WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under age 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison-control center immediately.

AVISO: La sobredosis accidental de productos que contienen hierro es una de las principales causas de envenenamiento fatal en niños menores de 6 años. Mantenga este producto fuera del alcance de los niños. En caso de una sobredosis accidental, inmediatamente llame a un médico o a un centro de envenenamiento. **CONTIENE SOYA.**



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.