

Nutrition Facts

Serving Size: 1 Packet (28 g)
Servings Per Container: 14

Amount Per Serving
Calories 110
Calories from Fat 30

	% Daily Value*
Total Fat 3 g	5%
Saturated Fat 0 g	0%
Cholesterol 0 mg	0%
Sodium 350 mg	15%
Potassium 270 mg	7%
Total Carbohydrate 6 g†	2%
Dietary Fiber 1 g	0%
Sugars 0 g†	
Sugar Alcohols 0 g	
Other Carbohydrates 5 g	

	% Daily Value*
Protein 15 g	30%
Vitamin A	35%
Vitamin C	35%
Calcium	20%
Iron	35%
Vitamin D	35%
Vitamin E	35%
Vitamin K	35%
Thiamin	35%
Riboflavin	35%
Niacin	35%
Vitamin B6	35%
Folate	35%
Vitamin B12	30%

	% Daily Value*
Biotin	35%
Pantothenic Acid	35%
Phosphorus	40%
Iodine	35%
Magnesium	35%
Zinc	35%
Selenium	35%
Copper	40%
Manganese	35%
Chromium	25%
Molybdenum	35%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65 g	80 g
Saturated Fat	Less Than	20 g	25 g
Cholesterol	Less Than	300 mg	300 mg
Sodium	Less Than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:
Fat 9 • Carbohydrates 4 • Protein 4

INGREDIENTS: Soy Protein Isolate, Vegetable Oil Preparation (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono- and Diglycerides, Soy Lecithin, Mixed Tocopherols as antioxidants, Silicon Dioxide), Calcium Caseinate, Maltodextrin, Vitamin and Mineral Mix (Vitamin A Palmitate, Vitamin D3, Vitamin E Acetate, Biotin, Folic Acid, Niacinamide, D-Calcium Pantothenate, Thiamin Mononitrate, Cyanocobalamin, Riboflavin, Pyridoxine HCl, Ascorbic Acid, Phytonadione, Chromium Chloride, Copper Gluconate, Potassium Iodide, Reduced Iron, Magnesium Phosphate, Manganese Sulfate, Sodium Molybdate, Selenomethionine, Zinc Sulfate, Dextrose), Natural and Artificial Flavors. Contains 2% or less of: Salt, Potassium Chloride, Tricalcium Phosphate, Xanthan Gum, Guar Gum, Soy Lecithin, Sucralose (non-nutritive sweetener), Turmeric and Acesulfame Potassium (non-nutritive sweetener).



Protein Drink Mix

Protein-based snack for energy and nutrition

vanilla

Artificially Flavored

14 PACKETS - .98 oz / 28 g EACH (NET WT 13.7 oz / 392 g)

Protein Drink Mix This great-tasting shake is an ideal way to get protein throughout the day. It provides a full 15g of protein per serving, plus essential nutrients, to help satisfy hunger and give you lasting energy. Packed with 24 vitamins and minerals, including protective antioxidants, Protein Drink Mix has only 110 calories. It mixes easily with water, making it ideal for a nutritious snack or protein boost on the go.

0 Gram
Net-Impact Carbs
Per Serving

Net-impact carbs include only those carbohydrates that cause a noted impact on blood sugar and insulin response. Fiber, sugar alcohols and other carbohydrates are excluded.

DIRECTIONS: Blend or stir one packet (28 grams) of Protein Drink Mix with 8 fl. oz. of cold water and enjoy! Take mid-morning and/or mid-afternoon to help satisfy your hunger cravings and to help meet your daily personal-protein requirements.

INSTRUCCIONES: Mezcle o revuelva una paquete (28 gramos) de Protein Booster or Carb Counters con 8 oz. fl. de agua fría y ¡disfrútele!. Tómelo a media mañana o media tarde para ayudar a satisfacer sus antojos y sus requerimientos personales diarios de proteína.

For Best Results: See your Distributor for further product recommendations and guidance on your ShapeWorks™ program. For variety, try our other delicious protein-rich snacks too.

We offer a **30-day money-back guarantee** to assure your complete satisfaction. This exclusively formulated product is only available through Herbalife Independent Distributors.

NOTICE: Before beginning any weight loss program, it is advisable to consult a physician. This is especially important for children, pregnant or lactating women, individuals with chronic kidney problems or insulin-dependent diabetics. A healthy weight-loss program should include a modest calorie intake, a balanced diet and regular physical activity.

AVISO: Es recomendable consultar a su medico antes de usar este producto o cualquier otro programa de control de peso. Lo anterior es importante especialmente en casos de niños, mujeres embarazadas, nodrizas, individuos con problemas renales crónicos o diabetes insulina dependiente. Un programa saludable de perder peso debe incluir una ingesta de calories modesta, un dieta balanceada y habitual actividad física.